



MARCH 2019 LAP POOL

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun
5:00 - 6:00 am	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	CLOSED	CLOSED
6:00 - 6:30 am	1 Lane available for Swim Adult Lap	1 Lane available for Swim Adult Lap	1 Lane available for Swim Adult Lap	1 Lane available for Swim Adult Lap	1 Lane available for Adult Lap Swim	CLOSED	CLOSED
6:30 - 7:00 am	1 Lane available for Swim Adult Lap	1 Lane available for Swim Adult Lap	1 Lane available for Swim Adult Lap	1 Lane available for Swim Adult Lap	1 Lane available for Swim Adult Lap	CLOSED	CLOSED
7:00 - 8:00 am	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	CLOSED
8:00 - 9:00 am	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	CLOSED
9:00 - 10:00 pm	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	CLOSED
10:00 - 11:00 pm	Deep Core 10:15 - 11:00pm	OPEN FOR LAP SWIM	Deep Core 10:15 - 11:00pm	OPEN FOR LAP SWIM	Deep Core 10:15 - 11:00pm	OPEN FOR LAP SWIM	CLOSED
11:00 - 12:00 pm	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	CLOSED
12:00 - 1:00 pm	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	CLOSED
1:00 - 2:00 pm	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM
2:00 - 3:00 pm	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM	OPEN FOR LAP SWIM
3:00 - 4:00 pm	3 Lanes available for Adult Lap Swim	3 Lanes available for Adult Lap Swim	3 Lanes available for Adult Lap Swim	3 Lanes available for Adult Lap Swim	3 Lanes available for Adult Lap Swim	CLOSED	OPEN FOR LAP SWIM
4:00 - 5:00 pm	4 Lanes available for Adult Lap Swim	4 Lanes available for Adult Lap Swim	3 Lanes available for Adult Lap Swim	3 Lanes available for Adult Lap Swim	3 Lanes available for Adult Lap Swim	CLOSED	OPEN FOR LAP SWIM
4:30 - 5:30 pm	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	CLOSED	CLOSED
5:30 - 6:30 pm	Swim Team	Deep Water Burn 6:30 - 7:15pm	Swim Team	Deep Water Burn 6:30 - 7:15pm	Swim Team	CLOSED	CLOSED
6:30 - 8:00 pm	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	CLOSED	CLOSED
COLOR CODES	Aquatic Fitness Classes	Adult Lap Swim	Swim Team Practice				

POOLS AND SAUNAS CLOSE 30 MIN BEFORE FIT N WISE CLOSES • There is always 1 lap lane open for adult lap swim unless closed for a Swim meet or special event